

Getting Out of My Comfort Zone *Planner*



*"The Only Thing Stopping You from Where You Want to go is
Your Comfort Zone."*

~ Dhaval Gaudier



My Comfort Zone Goals for January

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

JANUARY 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
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6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 5

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 8

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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10:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 12

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 13

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 16

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 20

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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10:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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9:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 28

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 29

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 30

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JANUARY 31

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Before anything great is really achieved, your comfort zone must be disturbed."

~ Ray Lewis



My Comfort Zone Goals for February

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

FEBRUARY 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 2

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 3

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 4

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 5

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 6

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 7

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 8

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 9

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 10

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 11

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 14

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 16

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 18

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 20

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 22

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 23

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 24

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 25

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 26

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 27

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

FEBRUARY 29

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Do one thing every day that scares you."

~ Eleanor Roosevelt



My Comfort Zone Goals for March

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

MARCH 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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4:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 5

TO DO TODAY (in order of priority)

SCHEDULE

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9:00	
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11:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 8

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 12

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 13

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 15

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 17

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 19

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 21

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
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5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MARCH 31

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

*"Coming out of your comfort zone is tough in the beginning,
chaotic in the middle, and awesome in the end."*

~ Manoj Arora



My Comfort Zone Goals for April

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

APRIL 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 5

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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12:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 8

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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11:00	
12:00	
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5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 12

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 13

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 15

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 17

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 19

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 21

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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4:00	
5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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10:00	
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12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
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12:00	
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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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12:00	
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3:00	
4:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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12:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

APRIL 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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10:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Everything we want is outside of our comfort zone and the other side is fear."

~ Sivaprakash Sidhu



My Comfort Zone Goals for May

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

MAY 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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11:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 5

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 8

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 18

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 20

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 22

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 23

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 24

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 25

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 28

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

MAY 31

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"You can only grow if you are willing to feel awkward and uncomfortable when you try something new."

~ Brian Tracy



My Comfort Zone Goals for June

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

JUNE 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 2

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 3

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 5

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 6

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 7

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 8

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 9

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 10

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 11

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 14

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 16

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 18

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 20

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 22

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 23

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 24

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 25

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 26

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 27

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 28

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 29

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JUNE 30

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Life begins at the end of your comfort zone."

~ Neale Donald Walsch



My Comfort Zone Goals for July

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

JULY 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 2

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 3

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 4

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 5

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 6

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 7

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 8

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 9

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 10

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 11

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 15

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 17

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 19

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 21

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

JULY 31

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because



"Are we prepared to leave our comfort zones to reach a better place?"

~ Carlos A. Godoy

My Comfort Zone Goals for August

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

AUGUST 1

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 2

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 3

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 4

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 5

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 6

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 7

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 8

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 9

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 10

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 11

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 12

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
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5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 13

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 14

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 15

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
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5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 16

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 17

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 18

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 19

TO DO TODAY (in order of priority)	

SCHEDULE	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 20

TO DO TODAY (in order of priority)	

SCHEDULE	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 21

TO DO TODAY (in order of priority)	

SCHEDULE	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 22

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 23

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
8:00	
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4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 24

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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11:00	
12:00	
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5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 25

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 26

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 27

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 28

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 29

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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12:00	
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5:00	
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TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 30

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

AUGUST 31

TO DO TODAY (in order of priority)	

SCHEDULE	
7:00	
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4:00	
5:00	
6:00	

TASKS	

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

*"We cannot become what we want to be by
remaining what we are."*

~ Max DePree



My Comfort Zone Goals for September

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

SEPTEMBER 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 2

TO DO TODAY (in order of priority)

SCHEDULE

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5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 4

TO DO TODAY (in order of priority)

SCHEDULE

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5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 5

TO DO TODAY (in order of priority)

SCHEDULE

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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 8

TO DO TODAY (in order of priority)

SCHEDULE

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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 12

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 13

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
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5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 15

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 17

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 19

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 21

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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9:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

SEPTEMBER 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

*"A ship in a harbor is safe, but that's not
what a ship is built for."*

~ Albert Einstein



My Comfort Zone Goals for October

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

OCTOBER 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 4

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 5

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 7

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 8

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 9

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 10

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 14

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 16

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 18

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 20

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 22

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 23

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 24

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 25

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 26

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 27

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 28

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 29

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 30

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

OCTOBER 31

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Don't be afraid to expand yourself, to step out of your comfort zone. That's where the joy and the adventure lie."

~ Herbie Hancock



My Comfort Zone Goals for November

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

NOVEMBER 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 2

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 3

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 4

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 5

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 6

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 7

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 8

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 9

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 10

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 11

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 12

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 13

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 14

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 15

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 16

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 17

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 18

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 19

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 21

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 22

TO DO TODAY (in order of priority)

SCHEDULE

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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

NOVEMBER 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

"Get comfortable with being uncomfortable!"

~ Jillian Michaels



My Comfort Zone Goals for December

Steps I Need to Take to Make This Happen

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Notes & Resources

DECEMBER 1

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 2

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 3

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 4

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 5

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 6

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 7

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 8

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 9

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 10

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 11

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 12

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 13

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 14

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 15

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 16

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 17

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 18

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 19

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 20

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 21

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 22

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 23

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 24

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 25

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 26

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 27

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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3:00	
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5:00	
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TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 28

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 29

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 30

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because

DECEMBER 31

TO DO TODAY (in order of priority)

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

DAILY REVIEW

Today I Will	Daily Thoughts	I Will Succeed Because